

JADAVPUR UNIVERSITY

Kolkata-700032

Ref. No.: REC/N/ 347 /2022

Date: 28th November 2022

C I R C U L A R O N H E A L T H C A M P F O R J U E M P L O Y E E S

This is for information of all concerned that a proposal from our enlisted diagnostic Center M/S MEDI HEALTH POINT, Jadavpur, we are organizing a **Mental Health Camp for the benefit of our employees and dependents.** University Health Centre and the Welfare Unit is jointly looking into the program implementation.

This camp is organized by the University with the help of M/s Medi Health Point where the Counselling Psychologist **Mrs. Sayantani Bishnu Kumar** will address the participants and will also interact in a Q-A session. She is a certified clinical Hypnotherapist from EKAA Foundation (formerly known California Hypnosis Institute).

The program date: 07th December 2022 at 3.30pm,

The topic of the Talk: A Deeper Approach to Self-Care

Venue: TEQIP Hall-209

All interested members of JU communities are requested to be present there for a successful program. Hope to have participation from all. We look forward to have participation from all for a healthy community.

Cooperation from all concerned is solicited for the smooth implementation of the Program.


FINANCE OFFICER

To,

All Departments/Schools/Units [Including Saltlake Campus]

All Associations & members of EWC.