

**Jadavpur University**  
**Department of Physical Education**  
**Admission Notification**

1. **Course:** Post Graduate Diploma in Yoga (PGDY), 2022-23 Session.
2. **Intake:** 35 (Reservation as per Govt. rules)
3. **Eligibility:** Graduation in any discipline from a recognized University.
4. **Date of form fill-up:** 1<sup>st</sup> September to 30<sup>th</sup> September, 2022.
5. **Course Fees:** Rs. 20,465/-
6. **Publication of provisionally eligible candidates' list:** 10<sup>th</sup> October
7. **Document Verification and Admission Test** (10 am onwards in the Department of Physical Education, JU): 11<sup>th</sup> & 12<sup>th</sup> October, 2022.
8. **Publication of provisionally selected candidates' list:** 14<sup>th</sup> October, 2022.
9. **Class Timings:** Monday to Friday: 2 pm to 8 pm; Saturday: 8 am to 10 am.
10. **For any query or information:** 03324573014; 03324572486
11. **How to apply:**
  - (i) Download **application form** from the University website- **jaduniv.edu.in**
  - (ii) Interested candidates are instructed to submit their application form along with all essential documents (marksheets and certificates) to the office of the Department of Physical Education, Jadavpur University latest by 30<sup>th</sup> September, 2022 within 5 PM.
12. **Merit list shall be prepared on 100 marks with the following details:**

Sl no.	Heads	Marks
1.	Class-X standard Examination	10
2.	Class- XII standard Examination	10
3.	UG (Under Graduate) standard Examination	10
4.	Yoga performance (To be evaluated by a team of experts in the Department of Physical Education) (a) One Compulsory asana (Sarvangasana): 10 (b) One optional asana of a candidates' choice: 10 (c) One optional asana of an expert's choice: 10	30
5.	Written Examination (a) MCQ: (20 × 1) = 20 (b) Short Answer type Questions: (5 × 2) = 10 (c) Descriptive Questions: (2 × 5) = 10 <b>Syllabus of Written Test</b> <ul style="list-style-type: none"><li>• Basic concept of yoga philosophy and tradition.</li><li>• Basic concept of human anatomy, physiology and psychology.</li><li>• Basic concept of health and wellness.</li><li>• Current affairs on yoga.</li></ul>	40
		Total: 100

*fw* Head  
30/8/2022  
Department of Physical Education

*Registrar*  
31-08-22  
Registrar  
Jadavpur University

**HEAD**  
**DEPT. OF PHYSICAL EDUCATION**  
**JADAVPUR UNIVERSITY**  
**KOLKATA-32**

*Registrar*  
**JADAVPUR UNIVERSITY**