



ज्ञान-विज्ञान विपुलतये

प्रो. रजनीश जैन
सचिव

Prof. Rajnish Jain
Secretary



सत्यमेव जयते

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(शिक्षा मंत्रालय, भारत सरकार)
(Ministry of Education, Govt. of India)

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D.O. No. F. 1-3/2022 (QIP)

25th August, 2022

Respected Madam/Sir,

As you are aware, the UGC has initiated an online lecture series on "Best Practices in Higher Education". Eminent persons from different fields are invited on UGC platform to share the best practices followed in their institution/organization for the benefit of higher educational institutions, faculty members and students.

In this lecture series **Dr. Hasmukh Adhia, IAS (Retd.), Chancellor, Central University of Gujarat, Former Finance Secretary, Govt. of India** will be delivering a talk on "Stress Management in Difficult Times" on 29th August 2022 at 10:00 am .

The lecture will be live webcast on **Twitter handle** at @ugc_india and **You tube channel** of UGC at <https://youtube.com/channel/UCIbbWYTjSiXnhShJ0Z1-05g>

I take this opportunity to invite you to kindly join the online lecture and also request you to bring this to the notice of all faculty members and students of your institution and encourage them to join the programme.

With kind regards,

Yours sincerely,

(Rajnish Jain)

To

The Vice- Chancellors of all State/Private/Deemed to be University
The Principals of all Colleges



University Grants Commission
Presents

Chetana Online Lecture Series on

Best Practices in Higher Education



**PROF. MAMIDALA
JAGADESH KUMAR**

Chairman, UGC



**DR HASMUKH ADHIA
IAS (RETD.)**

Chancellor
Central University of Gujarat,
Former Finance Secretary
Government of India

Topic

STRESS MANAGEMENT IN DIFFICULT TIMES

Join us live at



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**29th August, 2022
10:00 AM**