



JADAVPUR UNIVERSITY
Kolkata-700032

Ref. no. REC/N/185/18
Date: 15.6.2018.

NOTICE

Celebration Programme on 4th International Day of Yoga

This is for information to all the Students/ Research Scholars/Teacher/Officers/ Non-Teaching Staff that, Jadavpur University in association with the **National Service Scheme (NSS)** and **Department of Physical Education** are celebrating 4th International Day of Yoga on 21st June, 2018 at Department of Physical Education, Jadavpur University.

Programme details:

Sl. No.	Time	Programme
1.	11am to 11.10 am	Assembly at Physical Education Department
2.	11.10 am to 11.40 am	Rally about the benefit of Yoga-Asana
3.	11.40 am to 12.00 noon	Lecture on International Day of Yoga
4.	12.00 noon to 12.20 pm	Certificates and Prize distribution programme of Yoga-Asana Competition
5.	12.20 pm to 01.00 pm	Yoga Demonstration and Yoga Training Programme or participants
6.	01.00 pm to 01.10 pm	Certificates distribution programme for all the Participants
7.	01.10 pm to 01.13pm	National Anthem
8.	01.13 pm to 01.23pm	Refreshment

B 15/6/18
REGISTRAR