

Syllabus

Diploma Course in Applied Sociology

1. Using Sociological Theories

2 credits, 30hrs.

What is Sociological Theory
Types of Sociological Theories
Using Sociological Theories
Exercise
Ref: Steele , Solution Centred Sociology
Ken Menzies, Sociological Theory in Use

2. Social Policy

3 credits, 45 hrs.

What is social policy
Where did it come from,
Why does it matter
What does human well-being entail
Who gets what
Who is in control
What is the trouble with human society
Can social policy solve social problems
New times and new social policy
Whither social policy.
Exercise

References – Hartley Dean, Social Policy, Polity, 2006 (Seagull); Jonathan Dickens, Social Work and Social Policy: an introduction, Routledge 2010.

3. Social Work

3 credits, 45 hrs.

What is social work and why social work
Social work approaches: psychosocial approaches, person-centred approaches, crisis intervention, task-centred approach, cognitive behavioral approaches, motivational interviewing, family therapy and systemic approaches, solution-focused therapy, lifestyle work and life review, mediation approaches, Integrating the approaches.
Social work with children, young people and families
Social work with people with learning disabilities
Social work and mental health
Social work and older people
Current services, practices and issues
Field work for social work
Ethics for social work.
Exercise

Reference- Nigel Horner, What is Social Work, Learning Matters, 2006.

4. Counselling I Arenas, settings, themes and issues 3 credits, 45 hrs.

What is it and why is it

Arenas : a) Individual counselling; b) couples counselling; c) family counselling; d) counselling in groups

Settings: a) In private Practice; b) In voluntary organization; c) in the personal social services; d) in the medical context; e) in primary and secondary education; f) in higher education; g) in the work place; h) in the context of professional and organizational growth; i) Brief and time-limited counselling

Themes: a) Counselling and gender; b) counselling and race; c) counselling and sexual orientation; d) pastoral counseling; e) career counselling and guidance; f) counselling in the context of redundancy and unemployment; g) counselling, death and bereavement; h) counselling and sexual dysfunction; i) counselling people with disabilities/ chronic illness; j) counselling people affected by HIV and AIDS; k) counselling people with alcohol and drug problems, l) counselling adults who were abused as children; m) counselling for trauma and post –traumatic disorder

Issues: a) Research and evaluation in counselling; b) counsellor-client exploitation; c) professional issues in counselling

Exercise

Reference: Stephen Palmer (ed.), Handbook of Counselling, London, Routledge, 1997; Maggie Reid (ed.), Counselling in Different Settings, New York, Palgrave, Macmillan 2004

5. Counselling II Doing Counselling 2 credits, 30 hrs.

Learning counseling skills

The foundation skills

The beginning stage : exploration, contracting and assessment

The middle stage: reassessment and challenging

The ending stage: action and closure

Exercise

Reference: Culley s and Bond Tim, Integrative Counselling Skills in Action, Sage 2011

6. Non Profit Organization and Voluntary Organization 3 credits 45 hrs.

Defining non-profit organization

Defining mission, objectives and Performance of non-profit organization

Defining the need, the product and the beneficiary of non-profit organization

Marketing for welfare organization

Market research

Test Marketing

The channels and points of service of non profit organization

Public Relation/External communication

Client feedback and follow-up

Basic measurement criteria
Quality standards and maintenance
Hiring and retaining staff
Human relations management
Donations, donor base and support networks
Understanding finance
Managing investments
Costing concepts
Differential costs
Pricing principles
Budgets and budgetary controls
Performance control

Understanding voluntary organizations
People in organizations: a) the motivation of individuals; b) people in their roles; c) the ways of groups; d) power and influence
Organizing the organization: a) the cultures of organizations; b) the structures of organizations; c) the system of organizations; d) the chances of change
Exercise

Reference: Easo John, Handbook on Management of Non-Profit Organizations, 2004, Macmillan India; Charles Handy, Understanding Voluntary Organization, Penguin 1990

7. Social Entrepreneurship 2 credits 30 hrs.

Conceptualizing social entrepreneurship
Importance of Social entrepreneurship
Objectives and modes of action
Indigenous entrepreneurship
High profile vs. mundane and modest entrepreneurship
From Social entrepreneurship to public entrepreneurship
Social entrepreneurship as a political activity
Exercise

Reference: Chris Stayaert and David Hjorth (ed.), Entrepreneurship as Social Change, UK, Elgar, 2006

8. Creating Capabilities 2 credits 30 hrs.

The human development approach
The central capabilities
Counter-theory
Fundamental entitlements
Capabilities and contemporary issues
Exercise

Reference: Martha C Naussbaum, Creating Capabilities, Permanent Black, 2011