

# MUKTIPADA SINHA

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## ADDRESS (OFFICE)

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## EDUCATION

- PhD in Education from Rabindra Bharati University in 2007
- M.A. in Education from University of Kalyani in 1997
- B.Ed. from Rabindra Bharati University in 1995
- M.A in Economics from Rabindra Bharati University in 1994

## EXPERIENCE

Associate Professor	25.09.2018 to 24.09.2021
Department of Education, Jadavpur University	
Assistant Professor	09.07.2008 to 24.09.2018
Department of Education, Jadavpur University	
Visiting Faculty	2008 to 2018
Directorate of Distance Education, Rabindra Bharati University	
Assistant Teacher	29.08.2002 to 08.07.2008
The Oriental Seminary, Kolkata	
Assistant Teacher	27.08.1999 to 28.08.2002
Garden Reach Madhyamik Vidyalaya, Kolkata	

## SPECIALIZATION

- Mental Health Problems and Life Skills Education of Adolescents, Psychology of Teaching & Learning, Education Technology, Teacher Education, Cognitive Behaviour Therapy and Psychological Counselling and Mindfulness in Education.

## MEMBERSHIP OF PROFESSIONAL BODIES

- National Positive Psychology Association
- Indian Life Skill Association
- AddLife Caring Mind

## SUPERVISION & TEACHING

- PhD thesis supervised: 9 (Awarded), 8 (Ongoing)
- M.D. (Doctor of Medicine) thesis supervised: 1 (Awarded)
- M.Phil. thesis supervised: 22 (Awarded), 2 (Ongoing)
- M.A. dissertation: 16 (Degree Completed)
- Teach courses at M.A. programme: Educational Philosophy, Educational Psychology, Curriculum Studies, Comparative Education, Educational Technology
- Teach courses at B.Ed. programme: Childhood and growing up, Learning and Teaching, Mental health and life skills education

## RESEARCH PROJECT

1. Principal Investigator | Mental Health Problem among School Going Adolescents: A Comparative Study between Three Urban Areas of Bhutan, Bangladesh and India | Grant: 10 lacs | Funding: RUSA 2.0, Jadavpur University (2019-21)
2. Principal Investigator | My India, Accessible India | Grant: 40.18 lacs | Funding: RUSA 2.0, Jadavpur University (2018-20)
3. Principal Investigator | Rabijiboni (Life of Tagore) in English: Translation | Grant: 25 lacs | Funding agency: RUSA 2.0, Jadavpur University (2019-20)
4. Principal Investigator | Smart Phone Based Voice Assisted Campus Navigation System for easily accessible movement in the Campus | Funding: UGC-UPE II (2016-18)
5. Principal Investigator | Special Education Programme for the Persons with disabilities of Jadavpur University | Grant: 5.31 lacs | Funding: UGC-UPE II (2014-18)
6. Principal Investigator | Disability Study and Research Programme for the Persons with disabilities of Jadavpur University | Grant: 5.20 lacs | Funding: UGC-UPE II (2016-18)
7. Principal Investigator | Two Field Survey Programmes entitled Education and Awareness among the Persons with Disability in Sundarbans and Barasat Region, West Bengal | Grant: 1.2 lacs | Funding: UGC-UPE II (2016-18)
8. Principal Investigator | Free Audio Book and Assistive Technologies for the persons with disabilities of Jadavpur University | Grant: 6.5 lacs | Funding: UGC-UPE II (2014-16)
9. Principal Investigator | Fundamentals in Computer Applications with disabled friendly Technologies for the persons with disabilities of Jadavpur university | Grant: 5.30 lacs | Funding: UGC-UPE II (2014-16)
10. Principal Investigator | Free High Tech Spoken English and Personality Development Training for the persons with Disabilities of Jadavpur University | Grant: 5.10 lacs | Funding: UGC-UPE II (2014-16)
11. Principal Investigator | Critical Directory of the Persons with Disabilities of Jadavpur University | Grant: 5.25 lacs | Funding: UGC-UPE II (2014-16)
12. Principal Investigator | A Study on Impact of Socio-economic Factors on Academic Achievement of Learners at The Primary Level, Kolkata | Grant: 1lac | Funding: Sarva Shiksha Mission, Kolkata (2009-10)
13. Co-Project Investigator | Study of Student Attendance in Primary and Upper-Primary Schools of West Bengal | Grant: 5 lacs | Funding: MHRD-Ed-Cil Project (2009-10)

## PUBLICATIONS

### BOOKS/CHAPTERS

1. School-Paruyader Manashik Swastha Samashya (Progressive Publishers, Kolkata, 2015), ISBN: 978-81-89846-66-4
2. Kishor-Kishorider Jibankushalata Siksha (Progressive Publishers, Kolkata, 2015), ISBN: 978-81-89846-67-1
3. Vivekananda In School Curriculum: An Evaluation, Chapter in an Edited book: Bibidha Prasanga: Ajana Manush Vivekananda (Jadavpur University, 2017), ISBN: 978-93-83660-31-5
4. Revisiting Learner's Autonomy, Chapter in an Edited book: Higher Education, Universities and Excellence - The Bengal Narrative (Centre for Disability Studies and Rehabilitation, Jadavpur University, 2017), ISBN: 978-93-83660-39-1

## CONFERENCE/SEMINAR PROCEEDINGS

1. Johari Window: A Technique for Counselling, Proceedings of National Seminar on Counselling and Rehabilitation: Reaching the Unreached, held on 12th & 13th August 2013, Special Education & HEPSN Cell, Jadavpur University, ISBN: 978-81-927525-2-5
2. Developing Resilience- Based Environment for Empowerment of Differently Abled Children- A Conceptual Framework, Proceedings of International Seminar on Educational of People with Special Needs (Vol III), held on 4th & 5th March, 2014 Special Education & HEPSN Cell, Jadavpur University, ISBN: 978-81-927525-7-0
3. Life Skill Education in Promoting Mental Health in School Going Children- A Conceptual Framework, Proceedings of International Seminar on Educational of People with Special Needs (Vol III), held on 4th & 5th March, 2014 Special Education & HEPSN Cell, Jadavpur University, ISBN: 978-81-927525-7-0
4. A Study on Primary School Teachers' Attitude towards Inclusion of Challenged Children in The Mainstream School, Proceedings of International Seminar on Inclusion in Education for the Challenged Children: Present Context, held on 6th December 2014, ISBN:978-93-83660-03-2

## JOURNAL ARTICLES

1. Sinha, M. (2008). Bharater Arthaneitik Agragotite Sikshar Bhumika: Amartya Bhabna. *Third Dimension in Education: A Journal, Department of Adult, Continuing Education, Extension Work & Field Outreach*, 1(1), Rabindra Bharati University: Kolkata
2. Sinha, M. (2008). A Study of Criterion- Referenced Testing to Assess the Minimum Level of Learning Competencies of Primary Students. *Sikshachintan: A Journal of Education*, 2, Ramkrishna Mission Sikshanamandira College of Teacher Education: Belur Math, ISSN: 0973-5461
3. Sarkar, K., Dasgupta, A., Sinha, M. & Shahbabu, B. (2017). Effects of health empowerment intervention on resilience of adolescents in a tribal area: a study using the Solomon four group design. *Social Science and Medicine Journal*, 190, 265-274, ISSN: 0277-9536, Elsevier
4. De, K. & Sinha, M. (2017). A Study to Find the Impact of Locus of Control on Academic Performance. *Research Directions*, 5(4), ISSN: 2321-5488
5. Panda, B. K. & Sinha, M. (2017). Emotional Intelligence in Children with Autism Spectrum Disorder. *International Research Journal Persons with Special Needs and Rehabilitation Management*, Vol. III, 32-38, ISSN: 2321-9254
6. Mitra, A. & Sinha, M. (2018). Learning Achievement in English among Girl Students at the End of Primary Level in Kolkata, *Review of Research*, 7(4), ISSN:2249-894x
7. Yasmin, S. & Sinha, M. (2018). Life Skills among the Young Adults: A Survey Study, *Review of Research*, 7(11), 2249-894x
8. Panda, B. K., Sinha, M. & De, K. (2018). Views of Primary School Teachers in West Bengal on the Use of ICT in Teaching Learning, *Research Directions*, 5(10), ISSN: 2321-5488

9. Panda, B. K. & Sinha, M. (2020). Happiness among Primary School Teachers: A Bengal Perspective. *Studies In Indian Place Names*. Vol. 40, 3221-3237, ISSN – 2394-3114
10. Sinha, M., Panda, B. K. & Paria, M. (2020). Childhood Adversities and Self-Esteem: A Study on Girls of Residential Schools in Kolkata. *Journal of The Social Sciences*. Vol. 48, ISSN: 0253-1097
11. Arockiasamy, M. S. S., Panda, B. K. & Sinha, M. (2020). Emotional Intelligence in Children of Christian Missionary Schools at Kolkata. *MIER Journal of Educational Studies Trends & Practices*, 10(2), 267-277, ISSN: 0976-8203
12. Sinha, M., Mukhopadhyay, S. & Panda, B. K. (2020). Mindfulness: A Traditional Buddhist Wisdom to Cope with The Covid-19 Situation. *Indian Journal of Traditional Knowledge*, Vol. 19(suppl), s164-s172, ISSN: 0972-5938, CSIR-NISCAIR
13. Bhattacharyya, P., Sinha, M. & Das, S. K. (2021). Implementation of Vocational Training Program under State Board Secondary Level Schools in Kolkata: Challenges and Opportunities. *International Journal of All Research Education and Scientific Methods*, 9(5), 718-732, ISSN: 2455-6211

#### **SEMINAR/CONFERENCE/WORKSHOP**

##### ORGANIZED

1. Organized a UGC sponsored National Workshop on Mindfulness: A Buddhist Tradition to Reduce Daily Life Stress on 30<sup>th</sup> June to 2<sup>nd</sup> July 2014 as Convener conducted by Dhamma Ganga, Vipasana Kendra, Kolkata, in Colaboration with Special Education & HEPSN Cell at Jadavpur University.
2. Organized a Workshop on Cognitive Behaviour Therapy (level:1) on 25<sup>th</sup> to 27<sup>th</sup> September 2014 as Coordinator Conducted by Morphicminds, Albert Ellis Institute Training Centre India in collaboration with Department of Education and Special Education & HEPSN Cell, Jadavpur University,
3. Organized a Short-Term Course as Coordinator under UGC-HRDC, Jadavpur University on Basic Skills of Counselling held on 15<sup>th</sup> March to 21<sup>st</sup> March, 2015, Organized by Department of Education.
4. Organized a UGC sponsored National Seminar on 'Disability Today: Definitions, Rights and Rehabilitation' on 9<sup>th</sup> March 2016 as Convener at Centre for Studies and Rehabilitation of Differently Abled Persons, Jadavpur University.
5. Organized the 63<sup>rd</sup> Orientation Programme as Coordinator under UGC-HRDC, Jadavpur University, held on 15<sup>th</sup> November to 12<sup>th</sup> December 2016.
6. Organized a Short-Term Course as Coordinator under UGC-HRDC, Jadavpur University on Basic Skills of Counselling held on 10<sup>th</sup> January to 16<sup>th</sup> January 2017, Organized by Department of Education.
7. Organized a National Symposium as Organizing Secretary under UGC-HRDC, Jadavpur University, held on 30<sup>th</sup> March 2017.
8. Organized a UGC sponsored One day National Level Seminar as Coordinator on 'Science, Technology and Disability: A National Perspective' on 31<sup>st</sup> March 2017 organized by Centre for Studies and Rehabilitation of Differently Abled Persons, Jadavpur University.

9. organized a 7-days International Workshop as Coordinator on Methodological Approach to Research in Language and Social Science from 11<sup>th</sup> to 17<sup>th</sup> October 2017 Conducted by Department of Education, Jadavpur University, jointly with Byanjanbarna Foundation, Kolkata.
10. Organized a Refresher Course as Coordinator under UGC-HRDC, Jadavpur University on Teacher's Educators held on 24<sup>th</sup> October to 14<sup>th</sup> November 2017, Organized by Department of Education.
11. Organized a UGC-sponsored International Seminar as Convener on 'Education, Emotion and Contemporary Global World', to celebrate the World Disability Day on 7<sup>th</sup> and 8<sup>th</sup> December 2017, conducted by the Centre for Disability Studies and Rehabilitation (formerly Special Education & HEPSN Cell) of Jadavpur University in collaboration with Byanjanbarna Foundation, Kolkata.
12. Organized an International Symposium as Convener on 'Psychology, Identity & Poetry: A Multicultural Prerspective" on 7<sup>th</sup> February 2018, conducted by the Centre for Disability Studies and Rehabilitation (formerly Special Education & HEPSN Cell) of Jadavpur University.
13. Organized a National Seminar as convenor on 'Suicide Prevention: Role of Media in Community Awareness' on 12<sup>th</sup> September 2019 to observe World Suicide Prevention Day (10<sup>th</sup> September), conducted by the Department of Education, Jadavpur University in collaboration with Mental Health Foundation, Kolkata, Suicide Prevention Specialty Section of Indian Psychiatric Society & West Bengal Academy of Paediatrics.
14. Organized an International Conference as convenor on 'Community & Mental Health: Connect, Communicate and Care' on 3<sup>rd</sup> & 4<sup>th</sup> January 2020, conducted by the Department of Education, Jadavpur University in collaboration with mental Health Foundation, Kolkata.
15. Organized an International Webinar as convenor on 'Mental Health & Wellbeing in the COVID-19 Scenario' on 29<sup>th</sup> & 30<sup>th</sup> June 2020, conducted by the Department of Education, Jadavpur University in collaboration with Belda College.
16. Organized an International level Faculty Development Programme as Joint Convener on 'Methodology of Research in Social Sciences: Latest Innovations' from 25<sup>th</sup> July 2020 to 31<sup>st</sup> July 2020, conducted by Mrinalini Datta Mahavidyapith in collaboration with the Department of Education, Jadavpur University.
17. Organized an International Webinar as Head of the Department on 'Technology-Mediated Learning: Contexts, Problems and Prospects' on 9<sup>th</sup> August 2020, conducted by Serampore Girls' College in collaboration with the Department of Education, Jadavpur University.
18. Organized an International Webinar as Head of the Department on 'Promoting Wellbeing and Managing Stress in Educational Institutions' on 31<sup>st</sup> August 2020, conducted by Calcutta Girls' B.T. College in collaboration with the Department of Education, Jadavpur University.
19. Acted as a Joint Coordinator in the 1<sup>st</sup> Faculty Induction Programme, conducted by the UGC-Human Resource Development Centre, Jadavpur University from 21<sup>st</sup> December 2020 to 28<sup>th</sup> January 2021.
20. Acted as a Joint Coordinator in the 2<sup>nd</sup> Faculty Induction Programme, conducted by the UGC-Human Resource Development Centre, Jadavpur University from 1<sup>st</sup> February 2021 to 8<sup>th</sup> March 2021.

21. Acted as a Joint Coordinator in the 3<sup>rd</sup> Faculty Induction Programme, conducted by the UGC-Human Resource Development Centre, Jadavpur University from 22<sup>nd</sup> February 2021 to 27<sup>th</sup> March 2021.
22. Acted as a Joint Coordinator in the Refresher Course (Subject: Education) titled 'Managing Stress and Maintaining Wellbeing in Higher Education', conducted by the Department of Education under the aegis of UGC-Human Resource Development Centre, Jadavpur University from 16<sup>th</sup> November 2021 to 30<sup>th</sup> November 2021.

#### DELIVERED LECTURE/RESOURCE PERSON

1. College of Teacher Education (CTE) programmed on 'School Based Learning Improvement Programme' organized by Ramkrishna Mission Shiksha Mandir, Belur Math on 3<sup>rd</sup> March 2009 and sponsored by MHRD, Government of India.
2. Delivered lecture on, 'Orientation Programme of Upper Primary School Teachers Regarding Inclusive Approach and Teaching-Learning Aspects of Children with Special Needs at General Schools' on 17.02.2010 and 18.02.2010 at different venues at Kolkata District under SSM, Kolkata and WBBSE.
3. Delivered Lecture on CTE orientation programme (4<sup>th</sup> Phase) on 'Education' sponsored by MHRD, Government of India on 02/02/2011 at Ramkrishna Mission Shiksh Mission, Belur Math.
4. Acted as a Resorce Person in the workshop on B.Ed syllabus Modification of West Bengal State University on 18-19<sup>th</sup> November 2011.
5. Participated as a Resource Person in the workshop on B.Ed syllabus preparation of West Bengal State University on 26<sup>th</sup> to 27<sup>th</sup> March 2012.
6. Delivered lecture as a resource person in State Level Consultation on "Positive Parenting and Non-Violent Disciplines in Schools and Home situations" organized by National Commission for Protection of Child Rights (NCPCR) in collaboration with SSM, Kolkata on 8<sup>th</sup> March 2013.
7. Delivered a Lecture as a Resource Person in a National Seminar on Role of Teacher and Student perceived by Sir. Asutosh Mukhopadhyay on 11<sup>th</sup> & 12<sup>th</sup> April 2014 Organized by Jyotirmoy School of Education.
8. Delivered a Lecture as a Resource Person on 15<sup>th</sup> March 2015, in a Short-Term Course under UGC-HRDC, Jadavpur University on *Basic Skills of Counselling* held on 15<sup>th</sup> March to 21<sup>st</sup> March 2015, Organized by Department of Education.
9. Delivered a Lecture as a Resource Person on 21<sup>st</sup> March 2015, in a Short-Term Course under UGC-HRDC, Jadavpur University on *Basic Skills of Counselling* held on 15<sup>th</sup> March to 21<sup>st</sup> March 2015, Organized by Department of Education.
10. Acted as a Resource person in the workshop for developing modules on life Skills Education from 7<sup>th</sup> September to 9<sup>th</sup> September, 2015at RIE, Bhubaneswar.
11. Delivered a Lecture as a Resource Person in an "Orientation Programme on Action Research for the Primary School Teachers" on 28<sup>th</sup> to 29<sup>th</sup> September 2015, Organized by Sarva Shiksha Mission, Kolkata.
12. Delivered a Lecture as Resource Person on *Education Psychology and International Relations-I* on 3<sup>rd</sup> February 2016, in the Refresher Course under UGC-HRDC, Jadavpur University on *International Relations and*

- Comparative Politics: Recent Trends* held on 1<sup>st</sup> February to 22<sup>nd</sup> February 2016, Organized by Department of International Relations.
13. Delivered a Lecture as Resource Person on *Education Psychology and International Relations-II* on 9<sup>th</sup> February 2016, in the Refresher Course under UGC-HRDC, Jadavpur University on *International Relations and Comparative Politics: Recent Trends* held on 1<sup>st</sup> February to 22<sup>nd</sup> February 2016, Organized by Department of International Relations.
  14. Delivered a Lecture on Qualitative Data Analysis on 18<sup>th</sup> February 2016, for M.Phil. Orientation Programme at West Bengal University of Teachers' Training, Education Planning and Administration.
  15. Delivered a Lecture as Resource person on Motivation and Interpersonal relationship: A Simple Model on 19<sup>th</sup> February 2016, in the 60<sup>th</sup> Orientation Programme under UGC-HRDC, Jadavpur University
  16. Chaired a Session in a UGC sponsored National Seminar on 'Disability Today: Definitions, Rights and Rehabilitation' on 9<sup>th</sup> March 2016 organized by Centre for Studies and Rehabilitation of Differently Abled Persons, Jadavpur University.
  17. Delivered a lecture in NSS Special Camp on "Management of Emotional Problem" on 4<sup>th</sup> April 2016, organized by Lady Brabourne College.
  18. Delivered a Lecture as Resource person on Mental Health Problems and Mindfulness on 30<sup>th</sup> June 2016, in the 61<sup>st</sup> Orientation Programme under UGC-HRDC, Jadavpur University.
  19. Delivered a lecture as a resource person on Rabindra Sahitye Jiban Kushalata on 26<sup>th</sup> August 2016, in the seven-days International Level workshop on Sampratik Rabindra Samiksha held from 26<sup>th</sup> August to 1<sup>st</sup> September 2016, organized by Department of Education, Jadavpur University, jointly with Byanjanbarna Foundation, Kolkata, in collaboration with Mahadevananda Mahavidyalaya, North 24 Parganas.
  20. Delivered a Lecture as a Resource Person on 10<sup>th</sup> January 2017, in a Short-Term Course under UGC-HRDC, Jadavpur University on *Basic Skills of Counselling* held on 10<sup>th</sup> January to 16<sup>th</sup> January 2017, Organized by Department of Education.
  21. Delivered a Lecture as a Resource Person on 16<sup>th</sup> January 2017, in a Short-Term Course under UGC-HRDC, Jadavpur University on *Basic Skills of Counselling* held on 10<sup>th</sup> January to 16<sup>th</sup> January 2017, Organized by Department of Education.
  22. Delivered a Lecture as a Resource Person on 18<sup>th</sup> January 2017, in a 3-days Short Term Course under UGC-HRDC, Jadavpur University, on "Professional Development Programme of Group B & C non-academic staff members" held on 18<sup>th</sup> January to 20<sup>th</sup> January 2017.
  23. Delivered a lecture as a resource person on "Bangla Pathon Poddhoti Niye Kichhu Katha: Jibon Kusholata Bhattik Dristibhongi" on 26<sup>th</sup> January 2017, in the seven-days International Level workshop on "Methodology of Teaching Bengali Literature at College/University Level" held from 20<sup>th</sup> January to 26<sup>th</sup> January 2017, organized by Department of Education, Jadavpur University, jointly with Byanjanbarna Foundation, Kolkata.
  24. Delivered a Lecture as Resource person on 24<sup>th</sup> February 2017, in the 64<sup>th</sup> Orientation Programme under UGC-HRDC, Jadavpur University.
  25. Delivered a lecture as a resource person in the 2-days International Level Seminar on "Higher Education through Mother Tongue: Problems

- & Prospects" held on 7<sup>th</sup> and 8<sup>th</sup> March 2017, organized by Department of Education, Jadavpur University, jointly with Byanjanbarna Foundation, Kolkata.
26. Delivered a Lecture as Resource Person on "*Bringing Mindfulness into Classroom*" on 9<sup>th</sup> March 2017, in the Refresher Course in Teacher Education for College and University Teachers under UGC-HRDC, University of Calcutta held on 6<sup>th</sup> March to 25<sup>th</sup> March 2017, Organized by Department of Education, University of Calcutta.
  27. Delivered a Lecture as Resource Person in the Refresher Course in Teacher Education for College and University Teachers on 24<sup>th</sup> March 2017, under UGC-HRDC, University of Calcutta held on 6<sup>th</sup> March to 25<sup>th</sup> March 2017, Organized by Department of Education, University of Calcutta.
  28. Delivered a Lecture as Resource person on Stress Management in the Academic Institution on 25<sup>th</sup> March 2017, in the Principals' Meet Programme under UGC-HRDC, Jadavpur University.
  29. Chaired a Session in a UGC sponsored One day National Level Seminar on 'Science, Technology and Disability: A National Perspective' on 31<sup>st</sup> March 2017 organized by Centre for Studies and Rehabilitation of Differently Abled Persons, Jadavpur University.
  30. Delivered a lecture as a resource person on "*Rabindranather Siksha-o-Samaj Vabna*" on 18<sup>th</sup> April 2017, in the 2-days International Level Seminar on "Rabindranath Tagore's Thoughts on Education and Library" held from 17<sup>th</sup> April to 18<sup>th</sup> April 2017, organized by Department of Education, Jadavpur University, jointly with Byanjanbarna Foundation, Kolkata.
  31. Delivered a lecture as a resource person on "*Education of Backward Classes of West Bengal*" on 14<sup>th</sup> September 2017, in the 2-days International Level Seminar on "*Society, Education & Literature of the Backward Classes of west Bengal*" held from 14<sup>th</sup> September to 15<sup>th</sup> September 2017, organized by Department of Education, Jadavpur University, jointly with Byanjanbarna Foundation, Kolkata.
  32. Delivered a lecture as a resource person on *Qualitative Research Methodology in Social Science and Language* on 11<sup>th</sup> October 2017, in the 7 days International Workshop on Methodological Approach to Research in Language and Social Science held from 11<sup>th</sup> to 17<sup>th</sup> October 2017, Conducted by Department of Education, Jadavpur University, jointly with Byanjanbarna Foundation, Kolkata.
  33. Delivered a lecture as a resource person on *Sister Nivedita in the present Socio-Political Perspective* on 28<sup>th</sup> October 2017, in the 2- days International Workshop on *150 Birth Anniversary of Sister Nivedita: The-then Perspective and the Present Perspective in India, a Comparison* held from 27<sup>th</sup> to 28<sup>th</sup> October 2017, Conducted by Department of Education, Jadavpur University, jointly with Byanjanbarna Foundation, Kolkata.
  34. Delivered a lecture as a resource person '*Emotional Intelligence and Johari Windows*' on 8<sup>th</sup> December 2017, in the UGC-sponsored International Seminar on 'Education, Emotion and Contemporary Global World", 2017, to celebrate the World Disability Day on 7<sup>th</sup> and 8<sup>th</sup> December 2017, conducted by the Centre for Disability Studies and Rehabilitation (formerly Special Education & HEPSN Cell) of Jadavpur University in collaboration with Byanjanbarna Foundation, Kolkata.

35. Delivered a lecture as a resource person at '*Adult Independent Living*' on 28<sup>th</sup> December 2017, in the 3- days National Seminar held from 26<sup>th</sup> to 28<sup>th</sup> December 2017, organized by Department of Education, Jadavpur University, in collaboration with Arogya Sandhan Charitable Trust, at Arogya Sandhan College of Special Education, Sonarpur.
36. Delivered a lecture as a resource person at '*Education Technology: Where do we stand*' on 14<sup>th</sup> February 2018, in the 2-days International Seminar on *Role of Audio Visual Media in Teaching and Learning Higher Education* held from 14<sup>th</sup> to 15<sup>th</sup> February 2018, Conducted by Faculty of Fine Arts, Rabindra Bharati University, jointly with Byanjanbarna Foundation, Kolkata.
37. Delivered lecture as a resource person at 'Subaltern reflection in Bengali Society, Education and Literature' (Two-days international seminar), on 27<sup>th</sup> December 2018, conducted by the Department of Bengali, Vidyasagar University.
38. Delivered lecture as a resource person at 'Peace, Well-being & Education: A Pedagogical Discourse' (Two-days international seminar) on 28<sup>th</sup> December 2018, conducted by the Department of Education, Jadavpur University.
39. Delivered lecture as a resource person at 'Education in 21<sup>st</sup> Century: Issue and Challenges' (One-day international seminar) on 1<sup>st</sup> April 2019, conducted by Belda College in collaboration with the Department of Education, Jadavpur University.
40. Delivered lecture as a resource person at 'International Conference on Life Skills Education 2019' (Three-days international conference), 1<sup>st</sup> to 3<sup>rd</sup> November 2019.
41. Delivered lecture as a resource person at 'Community & Mental Health: Connect, Communicate and Care' on 3<sup>rd</sup> & 4<sup>th</sup> January 2020, conducted by the Department of Education, Jadavpur University in collaboration with mental Health Foundation, Kolkata.
42. Delivered lecture as a resource person at 'Community & Mental Health: Connect, Communicate and Care (Two-days international conference), 3<sup>rd</sup> & 4<sup>th</sup> January 2020, conducted by the Department of Education, Jadavpur University in collaboration with mental Health Foundation, Kolkata.
43. Delivered lecture as a resource person at 'The first global e-conference on education – 2020' (Two-days international conference), 22<sup>nd</sup> & 23<sup>rd</sup> August 2020 (also chaired a technical session)
44. Delivered lecture as a resource person at 'Thoughts of Nazrul Islam & Its relevance in Contemporary Society' (two-days international seminar) on 13<sup>th</sup> September 2021, conducted by the Department of Education, Kazi Nazrul university.
45. Delivered lecture as a resource person at 'Mental Well-Being and Stress Management during Covid-19 Pandemic' (one-day national seminar) on 29<sup>th</sup> September 2021, conducted by the Department of Education, Srikrishna College, Bagula.

#### PAPER PRESENTED

1. Presented a paper on Developing Resilience- Based Environment for Empowerment of Differently Abled Children- A Conceptual Framework in an International Seminar on '*Education of People With Special Needs*' on 4<sup>th</sup> and 5<sup>th</sup> March 2014 by Special Education & HEPSN Cell, Jadavpur University.

2. Presented a paper on 'Life Skill Education in Promoting Mental Health in School Going Children- A Conceptual Framework' in an International Seminar on *Education of People with Special Needs* on 4<sup>th</sup> and 5<sup>th</sup> March 2014 by Special Education & HEPSN Cell, Jadavpur University.
3. Presented a paper on A Study On 'Primary School Teachers' Attitude Towards Inclusion of Challenged Children in the Mainstream School' in a UGC sponsored International Seminar on 'Inclusion in Education for the Challenged Children: Present Context' on 6<sup>th</sup> December 2014 by Department of Education, JU & Arogya Sandhan Charitable Trust at Jadavpur University.
4. Presented a Paper on 'Use of Information and Communication Technology (ICT) among Primary school Teachers in Kolkata' in an UGC (IQAC) Sponsored International Seminar on *Education in the Age of Globalization: Policy, Practice and Perspectives* on 14<sup>th</sup> September 2017 organized by Satyapriya Roy College of Education at Kolkata.
5. Presented a paper on 'Discovering Self Through Breathing' in an International Conference on *Life Skills and Well-being of Children and Youth in the Digital world* on 9<sup>th</sup> and 11<sup>th</sup> February 2018 by Indian Association for Life Skills Education at Lucknow.

#### PARTICIPATED/TRAINED

1. Trained in 'Mental Health and Life Skills Education' by Mon Foundation, Kolkata, Orientation programme of Mon Foundation during the year in 2004.
2. Attended a workshop under psychology research unit programme in 'Application of Advanced Multivariate Statistical Tools in Psychological and Educational Research', by Indian Statistical Institute, Kolkata on 10-11<sup>th</sup> August 2006.
3. Participated UGC sponsored Seminar on 'Parental Involvement in Education in the context of Present scenario' on 29/03/2008, Rabindra Bharati University.
4. Attended a workshop under programme in 'Service Teacher's Training on pedagogical Analysis of a content and classroom teaching' by Govt. college of Education, Banipur, on 15<sup>th</sup> January 2009.
5. Certificate of Training Programme on Intel Tech Programme Essential course conducted by Intel and Department of Education on 20/07/2009 to 27.07.2009 on 'Information Communication Technology Application'
6. Attended a UGC sponsor seminar on 'Challenges to Higher Education in India', on 11<sup>th</sup> November 2009 at Department of Education, Jadavpur University.
7. Attended a UGC sponsor seminar on, 'Development of Rehabilitation Services in India', on 3<sup>rd</sup> December 2009 at Centre for Counselling Disabled Studies, Rabindra Bharati University.
8. Participated 12<sup>th</sup> International congress of Ethnopharmacology organized by School WNatural Product Studies, Jadavpur University on 17<sup>th</sup> to 19<sup>th</sup> February 2012.
9. Participated State Resorse Group Meeting in School Leadership Development Programme in west Bengal conducted by National Centre for School Leadership (NCSL), NUEPA and SCERT, West Bengal, on 27<sup>th</sup> November to 29<sup>th</sup> November 2013

10. Participated in a Life Skills Educators' workshop on *Empowering Adolescents Using Life Skills Education* held on 13<sup>th</sup> to 15<sup>th</sup> March 2014 organized by Department of Psychiatry, National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore.
11. Participated UGC sponsored National Workshop on Mindfulness: A Buddhist Tradition to Reduce Daily Life Stress on 30<sup>th</sup> June 2<sup>nd</sup> July 2014 organized by Special Education & HEPSN Cell in Collaboration with Dhamma Ganga, Vipasana Kendra, Kolkata, at Jadavpur University.
12. Trained in Cognitive Behavior Therapy (Level-1) in the Workshop Conducted by Morphicminds, Albert Ellis Institute Training Centre India, on 25<sup>th</sup> to 27<sup>th</sup> September 2014.
13. Participated a Workshop on "Teacher Education Regulations, 2014 Norms and Standards and New Curriculum Framework" organized by NCTE, New Delhi, on 21<sup>st</sup> February to 22<sup>nd</sup> February 2015 at RIE, Bhubanaswar.
14. Participated in Short Term Course under UGC-HRDC, Jadavpur University, on *Teachers' Educators (Inclusive Education)* held on 25<sup>th</sup> March to 31<sup>st</sup> March 2016, organized by Department of Education, Jadavpur University.
15. Participated in the 62<sup>nd</sup> Orientation Programme on 29<sup>th</sup> August to 27<sup>th</sup> September 2016, under UGC-HRDC, Jadavpur University.
16. participated a 3-days retreat on "Mindfulness in Education" conducted by Ahimsa Trust, New Delhi, on 4<sup>th</sup> to 6<sup>th</sup> November 2016, at Welham Boys' School, Dehradun, Uttarakhand.
17. Participated in the 7 days International Seminar cum Workshop on "*Parental Involvement in the Education and Rehabilitation of Children with Special Needs*" organized by Department of Education, Jadavpur University, in collaboration with Arogya Sandhan Charitable Trust, Kolkata & Turnstone Global on 17.01.2017 to 23.01.2017 at Jadavpur University.
18. Participated in the two days National Seminar on "*Social Inclusion: Present Day Context*" organized by Department of Education, Jadavpur University, in collaboration with Indian Institute of Mother and Child Welfare on 27<sup>th</sup> February & 28<sup>th</sup> February 2017 at Jadavpur University.
19. Participated in the 21<sup>st</sup> World Congress of Mental Health of the 'World Federation for Mental Health (WFMH) held at the Ashok Hotel, New Delhi between 2<sup>nd</sup> – 5<sup>th</sup> November 2017

(Prof. Muktipada Sinha)